## WHAT YOU NEED TO KNOW AS YOU PREPARE FOR RESIDENTIAL CAMP

WELCOME TO THE MIKE GETMAN SOCCER CAMP - We are happy to have you with us!

RESIDENTIAL I CAMP - University of Alabama in Tuscaloosa, Alabama:

Check-in time: Wednesday 1:00 - 2:30 pm Central Time

Check-in location: Presidential II Dorm (622 Abercrombie Lane, Tuscaloosa AL 3540)

Check-out time: Saturday Noon Central Time after Closing Ceremony

RESIDENTIAL II CAMP - Darlington School in Rome, Georgia:

Check-in time: Sunday 1:30 - 2:30 pm Eastern Time

Check-in location: Darlington School (1014 Cave Spring Road, Rome GA 30161)

Check-out time: Wednesday Noon Eastern Time after Closing Ceremony

If you know in advance that you will be arriving late for registration please call (205) 870-0194 to let us know. The first camp meeting will be at 3:00 P.M. Dinner will be the first meal served and on the last day, Breakfast will be the last meal served.

**ROOMMATES**: At both camps, you may indicate a choice of roommates. For Residential I, you can request one roommate and two suitemates. For Residential II, you can request up to three roommates.

**INSURANCE** Parents must provide primary health insurance for their sons. The Mike Getman Soccer Camp will carry only a supplemental accident and health policy.

**HEALTH INFORMATION** Campers should be in good physical condition and in good health to attend camp. Trainers will be at registration to discuss any health condition that may require attention during the week. Campers should break in new shoes before attending camp to avoid blisters and discomfort during the week.

**CONCESSION STAND** Snacks, drinks and novelty items will be sold at the camp store. Pizza will also be sold as an evening snack. The concession stand takes cash only.

**SPENDING MONEY** Average money per camper is around \$30. It will be the camper's responsibility for handling their spending money and providing a safe place for it. A camp bank is not provided.

**HYDRATION** Water and Gatorade are plentiful on fields during all training and water breaks are taken often. Therefore campers do <u>not</u> need to bring their own water bottles to take to the fields. Campers are allowed to bring water bottle, drinks or snacks from home but keep in mind that meals are all you can eat/drink and we provide hydration on the field plus snacks and drinks can be bought at the concession stand.

**SWIMMING** Campers will have some free time during the week to swim in the Recreation Center Pool.

<u>COMMUNICATION</u> To leave messages for your son while at camp or in an emergency please call (205) 870-0194. Campers are allowed to have cell phones at camp but the camp will not be responsible for their loss or damage. Please make sure the camp has all possible ways of contacting parents in an emergency. You can log back into your account and add or change contact information when necessary.

**ENROLLMENT CANCELLATION** Those who cannot attend camp for medical or other reasons will receive a refund of fees paid minus the \$100 cancellation fee, provided the camp is notified 72 hours prior to registration on Sunday.

WHAT TO BRING We suggest each camper bring these items to camp: *Towels, pillow, blanket, sheets (twin XL but many normal twins will stretch) or a sleeping bag.* All rooms are <u>air-conditioned</u>. Soccer cleats & flat athletic shoes (for indoor & walking to fields), shin guards, swimsuit, pajamas, sunscreen, toiletries, some way to set an alarm and enough shirts, shorts and socks for 3 training sessions a day. Campers should bring a bag to carry items such as cleats and ball, to and from the fields. Campers must have a soccer ball. If you don't own one, you may purchase a soccer ball at camp. For your convenience, you may wish to put your camper's name on all belongings.

QUESTIONS Call (205) 870-0194 or email us at: info@uabsoccercamp.com.